

ABSDA TRAINING PROGRAMS

Forklift Safety Course

Wednesday, May 21, 2025

ABSDA Training Room, 70 Englehart Street, Dieppe, NB



Morning Session

8:30 am - 12:00 Noon

CLASSROOM INSTRUCTION

- Introduction
- Review Recent Accidents and the need for operator training
- Occupational Health & Safety Act
- Pedestrian Safety
- Basic Principles of Stability
- Fork Truck Parts/Components
- Propane
- Batteries
- Pre-Operation Inspection
- Safe Operation Procedures
- Loading Dock Safety
- Written Exam

Afternoon Session

12:30 pm - 2:00 pm

PRACTICAL TRAINING

- Parts of a Forklift/Pre-Shift Inspection
- Operation of a Forklift Including:
 - Forward/reverse movements (travelling without load)
 - Smooth acceleration and braking
 - Steering/turning corners
 - Correct operation of hydraulic controls
 - Load handling
 - Picking up/depositing a load
 - Travelling with a load
 - Stacking/de-stacking procedures
 - Parking the forklift

Pricing based on total registrations

(including course materials and lunch)

Less than 10 participants

\$250 + HST per person

10 participants or more

\$199 + HST per person

Non-member

\$250 + HST per person

Cancellation/Substitution Policy:

Substitutions within the same company are possible without penalty. Cancellations 6 days or less, prior to the seminar, will be subject to a 33.33% cancellation charge.

COURSE FACILITATOR – Gary Giles

Gary Giles has extensive background experience in the transportation and materials management industry. With over 30 years in the Material Handling industry as an owner operator, Gary is provincially licensed as a Class 1 and Class 3 driving instructor. He also brings a solid background in forklift operation, as well as experience as a consultant in Safety & Compliance issues.



REGISTRATION FORM – FORKLIFT SAFETY

Company Name: _____

Mailing Address: _____

City: _____

Province: _____

Postal Code: _____

Company Contact: _____

Telephone: _____

Email: _____

Participant Names (please print or type)

Email: _____

Email: _____

Email: _____

Email: _____

Method of Payment:

- Bill our Company
 Visa/MasterCard

Card # _____

CVV _____

Expiry _____

Return Form To: ABSDA, 70 Englehart Street, Dieppe, NB E1A 8H3
Phone: 506-858-0700 Email: goguen@absda.ca

Seminar fees are subject to HST
HST #R106736168